

NARRATIVE THERAPY WORKSHOPS

Three workshops in Brisbane presented by

Maggie Carey



Maggie's connection with narrative practice goes back to the early 90's when she first encountered Michael White's work in her hometown of Adelaide. Maggie continues to be drawn to the social and relational politics of the narrative approach and the position it offers us of engaging persons in their own exploration of the meanings they give to their lives. Having had the opportunity to study and work with Michael over many years, Maggie, along with Shona Russell and Rob Hall, became an associate of Michael's in the centre that he established shortly before he died. Narrative Practices Adelaide is the continuation of this centre and has a focus on developing links with others who are interested in co-inspiration and in the ongoing rich story development of narrative practice. Maggie's therapeutic work has centred largely on women and children who have experienced violence or abuse, and on using narrative practices in responding to communities of shared experience including those who live with mental health concerns, with disability, homelessness, and grief, loss and trauma in Aboriginal communities. Maggie currently enjoys a range of opportunities to teach narrative practice both in Australia and internationally and is committed to making the ideas and practices of the narrative approach more generally available.

WORKSHOP ONE

2 Day Intro (25 & 26 October)

This two day workshop will offer practitioners an opportunity to be introduced to and build on narrative practice ideas. The course will include explorations of:

- Key ideas of narrative therapy
- The narrative metaphor and how stories shape us
- An overview of the micro maps of narrative therapy as a guide to our explorations.
- The role of externalising conversations with individuals, families and groups
- Re- authoring conversations through rich story development
- Creating an audience for preferred story development

This workshop will make accessible the application of the "micro maps" of narrative practice as described by Michael White. Maggie will use illustrations from her own work along with structured exercises and group discussion as a way of supporting participants to engage with narrative practice.

The emphasis of this workshop will be on 'trying out' the narrative approach and seeing how this might apply in a variety of settings as such it will be of interest to practitioners from many fields including social work, psychology, and community work.

WORKSHOP TWO

1 Day Extending Narrative Skill Development A (27 October)

This one day workshop will explore:

Scaffolding therapeutic conversations as a way of supporting the people that consult us to step from what is 'known and familiar' about their lives (often problem stories), into understandings that are not yet familiar but that are possible to be known (preferred stories). Our questions can provide solid stepping stones to new understandings and is particularly useful when people respond to our questions with "I don't know" as we can think of this as a reflection of our having asked too big a question. Enhancing skills and knowledge in scaffolding can liberate the possibilities of all of the "micro maps" of narrative practice.

The concept of the absent but implicit as a way of finding entry points into these new stories of self that can then be explored. It is based on the understanding that there are always multiple meanings in however people express themselves and that we can make sense of people's expressions of what is problematic as reflecting something of value that is being transgressed or ignored or compromised. Maggie will use illustrations from her own work, structured exercises and group discussion as a way of supporting participants to engage further with these ideas.

WORKSHOP THREE

1 Day Extending Narrative Skill Development B (28 October)

In this one day workshop we will explore narrative practices in the supervision relationship and out-sider witness group processes. The format of this day will include live (and lively) supervision conversations with local practitioners. Deconstructions of these conversations will help set the scene for some hands on exercises.

Venue: Lighthouse Resources, Kyabra Street, Runcorn, Brisbane

Costs:	Workshop 1	\$330	\$302.50 (Earlybird)
Including GST	Workshop 2	\$220	\$198.00 (Earlybird)
& Full Catering	Workshop 3	\$220	\$198.00 (Earlybird)
	Workshop 1 & 3	\$385	\$346.50 (Earlybird)
	Workshop 2 & 3	\$385	\$346.50 (Earlybird)
	Workshop 1, 2 & 3	\$660	\$594.00 (Earlybird)

Early Bird: Rates listed above for bookings before 16th August 2010

Dates: Workshop 1: Monday 25th & Tuesday 26th October 2010
Workshop 2: Wednesday 27th October 2010
Workshop 3: Thursday 28th October 2010

Times: 9.30am to 4.30pm each day

How to Book

Register online at
www.lighthouseresources.com.au
Phone +61 7 33739494 or
1800 009 462
Complete and post the
form below

CANCELLATION POLICY - We do appreciate that unforeseeable events may arise after you have registered for a workshop. If you are unable to attend the workshop for any reason, please contact us as soon as possible so that we can transfer your enrolment to another workshop or provide you with a refund (a 20% administration fee will be charged). If you cancel within 48 hours or do not attend the workshop, your payment will not be refunded. Workshops occasionally need to be cancelled due to insufficient participant numbers. Should this be necessary, we will notify you as soon as possible and a full refund will be given. Part cancellation will be refunded at the lesser amount where packaged rates apply.



PARTICIPANT DETAILS (Please use block letters)

Name		Role/Position	
Organisation			
Postal Address			
Suburb/Town		State	Postcode
Work Phone		Home Phone (if applicable)	
Email (to send workshop confirmation/information)			
Mobile		Work Fax	
Dietary Requirements? We are unable to cater to individual personal tastes, but will advise caterers of any special needs, eg. gluten free, vegetarian or allergies.			

METHOD OF PAYMENT

Register me for	<input type="checkbox"/> Workshop 1	<input type="checkbox"/> Workshop 2	<input type="checkbox"/> Workshop 3
	<input type="checkbox"/> Workshop 1 & 3	<input type="checkbox"/> Workshop 2 & 3	<input type="checkbox"/> Workshop 1, 2 & 3
Total Workshop Fee Amount: \$ _____			
<input type="checkbox"/> Cheque/Money Order Attached (made payable to Lighthouse Resources)			
<input type="checkbox"/> Credit Card (please complete details below)			
Type of Card	<input type="checkbox"/> Visa	<input type="checkbox"/> Mastercard	
Card Number	_____	Expiry Date	___/___
Name on Card		Signature	
<input type="checkbox"/> EFT Payment (please quote participant surname)			
Bank: Bank of Queensland		Account Name:	Lighthouse Resources
BSB: 124 062		Account No:	20908855
<input type="checkbox"/> Invoice requested (please complete details below)			
Invoice to (agency or person's name)			
Name of person to contact if any queries (eg. accounts department)			
Purchase Order Attached <input type="checkbox"/> Yes <input type="checkbox"/> No		Agency ABN	
Contact Phone Number			
Postal Address (to send invoice)			
Suburb		State	Postcode
Postal Address: Lighthouse Resources, PO Box 1103, Sunnybank Hills Qld 4109			
Street Address/Workshop Venue: The Shed, Kyabra Community Association, Kyabra Street, Runcorn Qld 4113			
Fax: +61 7 33739489 Phone: 1800 009 462 or +61 7 33739494			
Email: info@lighthouseresources.com.au Web: www.lighthouseresources.com.au			